



**Internal Arts Classes from April - August 2018**  
See the note at the end which explains how to book.

Venue	Tutor	Course Code	Title	Days & Times	Start / End Dates	Holidays	Total Hours	Max Numbers	Course Cost (£)
Batsford Arboretum Moreton-in-Marsh GL56 9AD	David O'Brien	LCTKD subscription	<b>Tai Chi for Beginners and Improvers</b> <i>A mixed experience class open to new beginners of all ages, focusing on the Yang Style Short Form. In good weather, held outside in the Arboretum itself.</i>	Monday 10-11 a.m.	ongoing	2 April 7 May 28 May 13 August 27 August			
Batsford Arboretum Moreton-in-Marsh GL56 9AD	Neil R. Hall	LCTKD subscription	<b>Tai Chi Various Forms &amp; Qigong</b> <i>A class for experienced students with one of LCTKD's Founders. In summer when the weather is good, held outside in the Arboretum itself. (This class sometimes accepts beginners who cannot make other classes - contact us to find out if you can join.)</i>	Tuesday 5.30 - 6.30 p.m.	ongoing	3 April 29 May 14 August			
Bromsgrove Artrix Theatre Slideslow Drive B60 1GN	Michelle Baker	pay by course at <a href="http://www.lctkd.com/courses">www.lctkd.com/courses</a>	<b>Tai Chi for New Beginners</b> <i>Learn the slow, flowing movements of classical Yang Style Tai Chi, China's most popular. For people completely new to Tai Chi.</i>	Friday 10.30 - 11.30	29 June		1	20	6
Bromsgrove Burcot Grange Residential Home B60 2BJ	Louise Morey	Note this is not in the subscription scheme.	<b>Seated Tai Chi and Qigong</b> <i>A mobility and relaxation class drawing on seated Yang Style Tai Chi and Qigong.</i>	Thursday 11 a.m. - 12	ongoing	Please check with your Instructor			
Bromsgrove Burcot Lodge Residential Home B60 2BJ	Louise Morey	Note this is not in the subscription scheme.	<b>Seated Tai Chi and Qigong</b> <i>A mobility and relaxation class drawing on seated Yang Style Tai Chi and Qigong.</i>	Monday 4-5 p.m.	ongoing	Please check with your Instructor			
Bromsgrove Chessgrove Swim Ditchford Bank Road Hanbury B60 4HS	Louise Morey	book at <a href="http://www.lctkd.com/courses">www.lctkd.com/courses</a>	<b>Aqua Tai Chi Taster</b> <i>Come and try out the slow, flowing movements of classical Yang Style Tai Chi, in the supportive environment of a warm pool.</i>	Monday 9.15 - 10 a.m.	2 July		45 mins	7	Free (booking required)



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Bromsgrove Chessgrove Swim Ditchford Bank Road Hanbury B60 4HS	Louise Morey	pay by course at <a href="http://www.lctkd.com/courses">www.lctkd.com/courses</a>	<b>Aqua Tai Chi</b> <i>Learn and practice the slow, flowing movements of classical Yang Style Tai Chi, in the supportive environment of a warm pool.</i>	Monday 9.15 - 10 a.m.	9 July 6 Aug		5 x 45 mins	7	£50
Bromsgrove Finstall Village Hall B60 1LG	Louise Morey	LCTKD subscription	<b>Tai Chi for Beginners and Improvers.</b> <i>A mixed experience class open to improvers and new beginners of all ages, focusing on the Yang Style Short Form and Beijing 24 Step.</i>	Wednesday 2-3 p.m.	ongoing	4 April 30 May 15 August	3	12	prices vary - see our website
Bromsgrove Finstall Village Hall B60 1LG	Louise Morey	pay by course at <a href="http://www.lctkd.com/courses">www.lctkd.com/courses</a>	<b>Tai Chi Fan for Beginners and Improvers</b> <i>A mixed experience class working on a Chen Style Tai Chi Fan form as adapted by LCTKD.</i>	Tuesday 11 a.m. - 12 noon	24 July 7 August				
Cleeve Prior War Memorial Village Hall Main Street WR11 8LG	Gaynor Barr	15477	<b>Tai Chi for New &amp; Recent Beginners</b> <i>Learn the slow, flowing movements of classical Yang Style Tai Chi, China's most popular. For recent beginners and people completely new to Tai Chi.</i>	Wednesday 12-1 p.m.	18 April 11 July	30 May	12	15	
Droitwich Spa Community Hall Heritage Way WR9 8RF	Louise Morey	15486	<b>Tai Chi: Principles</b> <i>A class for improvers and more experienced students working with the Yang Style Short Form and Beijing 24 Step.</i>	Friday 10 - 11 a.m.	20 April 13 July	2 June	12	15	
Droitwich Spa Community Hall Heritage Way WR9 8RF	Louise Morey	15489	<b>Tai Chi for New &amp; Recent Beginners</b> <i>Learn the slow, flowing movements of classical Yang Style Tai Chi, China's most popular. For recent beginners and people completely new to Tai Chi.</i>	Friday 11a.m. - 12 noon	20 April 13 July	2 June	12	15	



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Evesham Library Oat Street WR11 4PJ	Michelle Baker	15490	<b>Tai Chi for New &amp; Recent Beginners</b> <i>Learn the slow, flowing movements of classical Yang Style Tai Chi, China's most popular. For recent beginners and people completely new to Tai Chi.</i>	Thursday 10.30 - 11.30 a.m.	19 April 12 July	1 June note 14 June is at 11.45 a.m.	12	10	
Evesham Library Oat Street WR11 4PJ	Sue Smith	15504	<b>Tai Chi for New &amp; Recent Beginners</b> <i>Learn the slow, flowing movements of classical Yang Style Tai Chi, China's most popular. For recent beginners and people completely new to Tai Chi.</i>	Thursday 12.45 - 1.45 p.m.	19 April 12 July	1 June	12	10	
Evesham Library Oat Street WR11 4PJ	Sue Smith	15505	<b>Tai Chi: Principles</b> A class for improvers and more experienced students working with the Yang Style Short Form and Beijing 24 Step.	Thursday 2 - 3 p.m	19 April 12 July	1 June	12	10	
Finstall		<i>For Finstall, see under Bromsgrove, above.</i>							
Kidderminster Town Hall Vicar St DY10 1DB	Louise Morey	15493	<b>Tai Chi: Principles</b> A class for improvers and more experienced students working with the Yang Style Short Form and Beijing 24 Step.	Tuesday 1-2 p.m.	17 April 10 July	29 May	12	15	
Kidderminster Town Hall Vicar St DY10 1DB	Louise Morey	15491	<b>Tai Chi for Improvers</b> <i>For people who are relatively new to Tai Chi, but have learnt to follow the movements from the Yang Style Short Form.</i>	Tuesday 11 a.m. - 12 p.m.	17 April 10 July	29 May	12	15	
Malvern Library Graham Road WR14 2HU	Mike Coleman	15495	<b>Tai Chi for New &amp; Recent Beginners</b> <i>Learn the slow, flowing movements of classical Yang Style Tai Chi, China's most popular. For recent beginners and people completely new to Tai Chi.</i>	Tuesday 10.30 - 11.30 a.m.	17 April 10 July	29 May	12	15	



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Venue	Tutor	Course Code	Title	Days & Times	Start / End Dates	Holidays	Total Hours	Max Numbers	Course Cost (£)	
Malvern Library Graham Road WR14 2HU	Mike Coleman	15494	<b>Tai Chi: Principles</b> A class for improvers and more experienced students working with the Yang Style Short Form and Beijing 24 Step.	Tuesday 9.15- 10.15 a.m.	17 April 10 July	29 May	12	15		
Moreton-in-Marsh		<i>For Moreton-in-Marsh, see Batsford Arboretum, which is nearby.</i>								
Pershore Library Church Street WR10 1DT	Neil R. Hall	LCTKD subscription	<b>Tai Chi: Principles</b> A class for quite experienced students working with the Yang Style Short Form and Beijing 24 Step.	Monday 10.45 - 11.45 a.m.	ongoing	2 April 7 May 28 May 6 August 13 August 20 August 27 August				
Pershore Library Church Street WR10 1DT	Neil R. Hall	LCTKD subscription	<b>Tai Chi &amp; Qigong: Advanced Principles</b> <i>A class for experienced students with one of LCTKD's Founders.</i>	Monday 12 - 1 p.m.	ongoing	2 April 7 May 28 May 13 August 27 August				
Redditch REDI Centre 54 South Street B98 7DQ	Louise Morey	15496	<b>Seated Tai Chi for Beginners &amp; Improvers</b> <i>For new beginners and our Seated Tai Chi regulars.</i>	Thursday 1.30 - 2.30 p.m.	19 April 12 July	3 May (polling day) 1 June	12			
Redditch REDI Centre 54 South Street B98 7DQ	Mike Coleman	LCTKD subscription	<b>Tai Chi for All</b> <i>A class for beginners and more experienced students. Learn the slow, flowing movements of classical Yang Style Tai Chi, China's most popular. New beginners are welcome.</i>	Friday 11-12 a.m.	ongoing	6 April 17 August				



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Redditch REDI Centre 54 South Street B98 7DQ	Neil R. Hall	LCTKD subscription	<b>Tai Chi &amp; Qigong: Advanced Principles</b> <i>A class for more experienced students with one of LCTKD's Founders.</i>	Friday 2.30 - 3.30 p.m.	ongoing	6 April 2 June 17 August			
Worcester Worcestershire Martial Arts HQ Unit 18f, Shrub Hill Industrial Estate WR4 9EL	Michelle Baker	15498	<b>Tai Chi for New &amp; Recent Beginners</b> <i>Learn the slow, flowing movements of classical Yang Style Tai Chi, China's most popular. For recent beginners and people completely new to Tai Chi.</i>	Wednesday 1-2 p.m.	18 April 11 July	30 May	12		
Worcester The Green Hub Gresham Road Dines Green WR2 5QS	Neil R. Hall	15754	<b>Tai Chi for New Beginners</b> <i>Learn the slow, flowing movements of classical Yang Style Tai Chi, China's most popular. For people completely new to Tai Chi.</i>	Friday 12-1 p.m.	8 June 13 July		6	15	18
Worcester Worcestershire Martial Arts HQ Unit 18f, Shrub Hill Industrial Estate WR4 9EL	Neil R. Hall	15497	<b>Tai Chi for Beginners and Improvers.</b> <i>A mixed experience class open to improvers and new beginners of all ages, focusing on the Yang Style Short Form. You don't need any equipment, and all ages are welcome. Free downloads are available on the LCTKD website to help learners practice at home too.</i>	Friday 7-8 p.m.	20 April 13 July	2 June	12	12	

**See overleaf for information about how to book a course or join a class.**



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**Booking Courses or Joining Classes**

**LCTKD's own classes (those in the list above shown in black, with no course code)**

Courses on the list above shown in black are included in the LCTKD subscription scheme. Contact us at [office@lctkd.com](mailto:office@lctkd.com) or on 0748 478 5882 for more information or to arrange to come to a class to try it out free of charge. If you like it, your tutor will explain how to register and set up your subscription - which is a simple process that doesn't take long at all.

*Note that under our monthly subscription scheme, you can attend any other subscription class appropriate to you without paying any more.*

Please also check out our list of one off courses and workshops at <http://www.lctkd.com/courses.html>

*Note that if you are currently on at least one Adult Learning course with us (see below), you can attend all our internal arts subscription classes by paying a reduced rate subscription of just £7 per month.*

**Adult Learning Courses (those in the list above shown in blue, with a course code)**

Courses in the list above with shown in blue are supported by Worcestershire County Council's Adult Learning, and are not included in our subscription scheme.



Those courses you need to book in advance, and you can do that on line at this link:

<http://capublic.worcestershire.gov.uk/coursebookingpublic/>

or by following the link on our website's classfinder page (<http://www.lctkd.com/classfinder.html>) or courses page (<http://www.lctkd.com/courses.html>). You can also call in to your local Worcestershire County Council Library where they can help you book. If you have any difficulty booking, do contact us at [office@lctkd.com](mailto:office@lctkd.com) or on 0748 478 5882 and we'll be pleased to help you.

*Note that you must pay for each Adult Learning course you attend, but if you are currently on at least one Adult Learning course with us, you can attend all our internal arts subscription classes by paying a reduced rate subscription of just £7 per month.*